

Good Morning

CONTINENTAL

your choice of the below items are included in your Bed & Breakfast Rate

Juice & Smoothie

Orange Juice / Apple Juice
Grapefruit Juice / Chef's Smoothie

Fruit & Yoghurt

Sliced Seasonal Fruit
Chia Pudding
1, 7, 8
Granola & Yoghurt
1, 7, 8
Assorted Natural Yogurts
7

Dried Fruit

Prunes / Dried Apricots

Bakery

Pastry Selection & Homemade Bread
1, 3, 6, 7
White Toast / Wholemeal Toast
1, 3, 6, 7

Breakfast Cereals

Hot & Creamy Oat Flakes
1, 7, 8
Weetabix / Corn Flakes / Bran flakes / Muesli
1

Hot Beverages

Fresh Ground Roast Coffee / Breakfast Tea
Decaffeinated Coffee / Selection of Infusions
Hot Chocolate

HOT & HEARTY

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The Full Irish Breakfast

bacon, fried egg, sausage, black & white
pudding, grilled tomato.
1, 3, 9, 10, 12

The Scrambled Wrap

scrambled egg, spinach, guacamole,
cherry tomatoes, wrapped in a soft warm wrap
1, 3, 9, 10, 12

The Vegan Breakfast Wrap

tofu scramble, potatoes, chickpea pancake,
tomatoes, pepitas and salsa
1, 6, 9, 10, 12

The Breakfast Burrito

sausage, bacon, scrambled eggs, spiced potato, &
avocado in a warm tortilla loaded with jalapeno salsa
1, 3, 9, 10, 12

START THE DAY THE HARDIMAN WAY

some of our favourite breakfast options for a small additional extra!

Barista Coffee

€1.00

Mimosa

€10.00

Glass of Champagne

€20.00

Chef's Jumbo Sausage Roll

homemade and it's big!

€2.00

1, 3, 6, 11, 12

Eggs Benedict

toasted muffin, poached eggs, bacon,
spinach, hollandaise sauce

€3.00

1, 3, 6, 7, 9, 10, 12

Omelettes

your choice of filling from grated
cheese, ham, mushroom

€2.00

1, 3, 6, 7, 9, 12

Smoked Salmon & Scrambled Eggs

a breakfast classic on toast

€4.00

1, 3, 4, 7

ALLERGENS

V Vegan **1** Cereal Containing Gluten (i.e. Wheat, Rye, Barley, Oats) **2** Crustaceans (i.e. Crab, Prawns) **3** Eggs **4** Fish **5** Peanuts **6** Soy-beans
7 Milk **8** Nuts **9** Celery **10** Mustard **11** Sesame Seeds **12** Sulphur Dioxide & Sulphites **13** Lupin **14** Molluscs (i.e. Mussels, Oysters & Scallops)